

Methylcobalamin I.P. 500mcg + Vitamin A I.P. 5000 IU + Vitamin D3 I.P. 400 IU + Vitamin E I.P. 25mg + Calcium Pantothenate I.P. 50mg + L-Glutamin Acid USP 50mg + Vitamin B1 I.P. 10mg + Riboflavin I.P. 10mg + Vitamin B6 I.P. 3mg + Niacinamide I.P. 50mg + Vitamin C I.P. 75mg + Biotin USP 260mcg + Folic Acid I.P. 1mg + Zinc Sulphate Monohydrate I.P. 60mg + Chromium Picolinate USP 150mcg + Selenium Dioxide USP 100mcg + Manganese Sulphate B.P. 200mcg + Magnesium Hydroxide I.P. 10mg + Copper Sulphate Pentahydrate B.P. 200mcg

## Nuroslide Forte Tablet

**Methylcobalamin I.P. 500mcg + Vitamin A I.P. 5000 IU + Vitamin D3 I.P. 400 IU + Vitamin E I.P. 25mg + Calcium Pantothenate I.P. 50mg + L-Glutamic Acid USP 50mg + Vitamin B1 I.P. 10mg + Riboflavin I.P. 10mg + Vitamin B6 I.P. 3mg + Niacinamide I.P. 50mg + Vitamin C I.P. 75mg + Biotin USP 260mcg + Folic Acid I.P. 1mg + Zinc Sulphate Monohydrate I.P. 60mg + Chromium Picolinate USP 150mcg + Selenium Dioxide USP 100mcg + Manganese Sulphate B.P. 200mcg + Magnesium Hydroxide I.P. 10mg + Copper Sulphate Pentahydrate B.P. 200mcg Tablet: Information Guide**

- **Vitamin B6 (Pyridoxine): 3mg**
- **Niacinamide (Vitamin B3): 50mg**
- **Vitamin C (Ascorbic Acid): 75mg**
- **Biotin: 260mcg**
- **Folic Acid: 1mg**
- **Zinc Sulphate Monohydrate: 60mg (Elemental Zinc ~ 15mg)**
- **Chromium Picolinate: 150mcg**
- **Selenium Dioxide: 100mcg**
- **Manganese Sulphate: 200mcg**
- **Magnesium Hydroxide: 10mg**
- **Copper Sulphate Pentahydrate: 200mcg**

### Description

This multivitamin and multimineral tablet is a comprehensive dietary supplement designed to support overall health, energy metabolism, and immune function. It combines essential vitamins, minerals, and amino acids to promote cellular health, neurological function, and antioxidant protection.

### Composition (per tablet)

- **Methylcobalamin (Vitamin B12): 500mcg**
- **Vitamin A: 5000 IU**
- **Vitamin D3: 400 IU**
- **Vitamin E: 25mg**
- **Calcium Pantothenate: 50mg**
- **L-Glutamic Acid: 50mg**
- **Vitamin B1 (Thiamine): 10mg**
- **Riboflavin (Vitamin B2): 10mg**

### Key Benefits

- Energy and Metabolism Support:**
  - B-vitamins (B1, B2, B3, B6, B12), Niacinamide, and Calcium Pantothenate aid in energy production and metabolic functions.
- Neurological Health:**
  - Methylcobalamin and L-Glutamic Acid support nerve function and cognitive health.
- Antioxidant Defense:**
  - Vitamins A, C, E, Selenium, and Zinc protect cells from oxidative damage.
- Immune Boost:**
  - Vitamin D3 and Zinc enhance immunity.
- Skin, Hair, and Nail Health:**
  - Biotin, Vitamin A, and Zinc promote healthy skin, hair growth, and stronger nails.

## **6. Bone and Joint Support:**

- **Vitamin D3, Magnesium, and Manganese** contribute to bone strength and joint health.

## **7. Heart Health:**

- **Chromium and Selenium** help in regulating blood sugar and reducing oxidative stress.

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### **Indications**

- **Nutritional deficiencies and malnutrition.**
- **Fatigue and weakness** due to vitamin and mineral depletion.
- **Neurological disorders** and peripheral neuropathy.
- **Supportive therapy** for healthy hair, skin, and nails.
- **Bone health and osteoporosis prevention.**
- **Immune system enhancement** and antioxidant support.

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### **Dosage and Administration**

- **Recommended Dose:** One tablet daily or as directed by a healthcare provider.
- **Administration:**
  - **Swallow the tablet** with water after meals.
  - **Do not exceed** the prescribed dosage.

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### **Contraindications**

- **Known hypersensitivity** to any ingredient in the formulation.
- **Hypervitaminosis** (excess levels of Vitamins A or D).
- **Severe renal or hepatic impairment** without medical supervision.

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### **Warnings and Precautions**

- **Pregnancy and Lactation:** Consult a doctor before use.
- **Medical Conditions:**
  - **Patients with kidney disorders** should use with caution due to the mineral content.
  - **Monitor blood sugar levels** in diabetic patients (Chromium may enhance insulin sensitivity).
- **Drug Interactions:**
  - **May interact** with anticoagulants, antibiotics, and other vitamin supplements.
  - **Avoid concurrent use** with high doses of other Vitamin A or D products.

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### **Adverse Effects**

- **Generally well tolerated** when used as directed.
- **Common Side Effects:**
  - **Nausea, vomiting,** or mild gastrointestinal discomfort.
  - **Headache** or dizziness.
- **Rare Side Effects:**
  - **Allergic reactions** (rash, itching, swelling).

**Discontinue use and seek medical advice if severe or persistent side effects occur.**

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### **Storage**

- **Store in a cool, dry place** below 25°C, away from direct sunlight and moisture.
- **Keep out of reach** of children.
- **Do not use** after the expiry date printed on the packaging.

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## Key Points

- **A complete multivitamin and mineral supplement for overall health and vitality.**
- **Supports energy, immunity, skin health, and neurological functions.**
- **Safe for daily use under medical supervision.**

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**Note: This product is a supplement and not a substitute for a balanced diet or healthy lifestyle. Always consult a healthcare professional for personalized advice.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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